

Community Solutions for Substance Use and Recovery (CSSUR) Minutes

Thursday, January 21st – 3:00 – 4:30 pm – WebEx

We begin each meeting with a moment of silence to honor all of the people we have lost to deaths of despair (suicide, drug overdose, and alcoholism), all of those currently struggling with Behavioral Health (Substance Use Disorder, Mental Illness), those who are bravely walking the recovery path, and all the families, friends, community members, and supports impacted.

AGENDA

- Everyone is muted if you have something to share use the chat function and we'll call on you.
- St. Louis County updates
 - Safe Babies Court Team
 - Peer Support hired through RAD
 - Potential of adding another court
 - CP Opioid Fund Update
 - Partnering to expand LADC staffing
 - Paramedic Co-responder
 - North SLC-Cahoots modes with Range Mental Health to provide Mental Health Practitioner
 - South working with partner agency to provide MHP with paramedic
 - COSAP grant (RAD/County collaboration)
 - Project Coordinator hired through RAD-Jenny Swanson
 - Community Health worker being hired
 - Peer Recovery at the Jail
 - MAT Navigator at the Jail
- Decision making for CSSUR
 - Participatory process for larger group (surveys, discussion, opportunities for input).
 - Leadership team will finalize any decision.
 - Each workgroup has autonomy to determine how they would like to make decisions and when it's appropriate and necessary to bring things back to the larger group.
- Website/webpage for CSSUR <https://www.stlouiscountymn.gov/cssur>

CSSUR Workgroups (Please invite people to join the groups and if you are in CSSUR this is an action oriented group and we hope that everyone will engage in at least one group):

- Recovery Alliance Duluth (RAD) Updates
 - Safe Babies Court (3 Peer Specialists hired)
 - Expanding Peer Support services North SLC (!!!!)
 - RAD now has a team of 11
- Community Awareness Workgroup (Jake, NuWay)
 - CSSUR Logo Poll
 - Working on group logo, website and destigmatizing language

- **The Community Awareness group meets on the 3rd Friday of the month at 11am**
- Recovery Workgroup (Julie Vena and Beth Elstad, RAD)
 - RAD hosting community events (see attached flier)
 - **The Community Awareness group meets on the 3rd Friday of the month at 11am.**
- Policy Workgroup (Stephany, St. Louis County Public Health)
 - Positive Community Norms Campaign <https://forms.gle/js11jAVMHitDEnYu5>
 - **Policy/Alignment workgroup – First Tuesday of the month @ 9 am**
- Opioid Workgroup (Rachel Wickstrom, CADT)
 - **MARA** <https://www.mara-international.org/minnesota>
 - Working on Mission and Vision
 - Monitoring data and trends
 - Systemic stigma (healthcare settings)
 - Racial and ethical disparities
 - What is currently being done and what do we need to work on
 - **Opioid workgroup: bimonthly - third Thursday 2-3:30pm**
- Other organization updates
 - Tina Silverness discussed the Rural Health Disparities Committee report (see attached)
 - Essentia - St Luke's - RAD - CADT submitted a grant proposal to DHS focused on buprenorphine inductions in our local Duluth emergency departments (EDs) while bolstering peer recovery infrastructure in the ED & the handoff to next step in recovery. (fingers crossed)
 - Nystrom Treatment on schedule to open June or July 2021 in Big Lake. We have immediate openings for Mental Health, Psychiatry, and SUD in Duluth and all our locations
 - Marcia Gurno is participating in a multi-state community of practice reducing stigma in rural communities' cohort and we are working on a survey related to assessing stigma. I can share with those who might be interested in seeing the final survey.
 - Co-occurring Outpatient treatment for men & women at MN Adult & Teen Challenge Duluth
 - St. Louis County Promotional Item Request Form: <https://forms.gle/QtaU17ESgyBUjpu5>

Next meeting: On-going meetings will be quarterly (January 21, April 15, July 15, October 21, January 20) the third Thursday of the month from 3:00-4:30 pm. You will receive a new calendar invite for our on-going meetings 2021- January 2022.

WebX invites for the year will be coming soon!